



the
Academy
of **Eastern Arts**

Medical Qigong

New revised program delivered in two parts across 24 months.

Stage 1

This first part covers both theory and practical tuition offering a strong foundation and understanding of 'Energy Medicine' and safe Qigong practice spread over 10 months. This stage of the program prepares the practitioner for deeper Qigong practices that are taught in the second stage of the course. It is suitable for anyone interested in Qigong and Complimentary Medicine as well as Martial Arts and Yoga practitioners. An interim test (both theory and practical) is taken at the end of 10 months and a 'Stage 1 Certificate in Medical Qigong' is awarded upon successfully passing the required criteria.

Stage 2

Follows on for a further 14 months taking the student into more complex concepts and deeper practices building on the theory and practice acquired during the stage 1 program. Various techniques are taught giving the practitioner a broad approach to working with patients/clients according to specific health conditions that may present.

Attendance requirements

One session per month in West London on a Sunday. (Dates TBC). Additional (optional) practical skills sessions are available on a regular basis in London & Kingston Upon Thames. Choice of days/times for additional sessions available on request). Main Venue(s) 1 Harley Street, London W1 & *West Middlesex University Hospital, Twickenham Road, Isleworth. TW7 6AF

**The next program will run at the West Middlesex University Hospital, which is easily accessible. Approximately 30 minutes from Waterloo and within close proximity to London Underground Piccadilly Line; and the M25, M3 & M4 Motorways. Free on-site parking is available.*



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Assessments

On-Going plus end of course written and practical exams.

Award

Certificate in Medical Qigong from 'The Harley St School of Medical Qigong'™

This course has been accredited by the Sha Guozheng Training & Research Centre, Kunming, China.

Cost

£2995.00 – 10% deposit required to book a place. Option to pay by monthly instalments. We also accept payment by Visa/MasterCard and American Express.

About the Tutor

The course is taught by Birinder Tember who has 40+ years experience in Vedic practices and related Qigong training as well as Chinese Medicine and Internal Arts practices. He has studied with Masters in the UK, Germany, USA, Canada, India, Hong Kong, China and Japan. Birinder's academic credentials include an MBA; PG Dip in Management; PG Dip in Personnel Management; BSc Hons degree in Acupuncture; a Postgraduate Diploma in Herbal Medicine; PG Cert in Stems & Branches and various certifications in Qigong covering Health/Medical/Spiritual & Martial applications. He was a senior lecturer at the London College of Traditional Acupuncture for 6 years until its closure where he led on the MSc programs as well as Herbal Medicine, clinical supervision, research and Qigong. During his corporate career, he delivered various programs to thousands of employees from grassroots level to FTSE 100 Board room executives internationally. Birinder is professionally qualified with a specialism in design & delivery of training programs and holds a 'Fellowship' with the CIPD, the highest level awarded.